

<u>V</u>5

VENTURES CAPES EVENTS

ALFRESCO LUNCHEON

# **VENTURESCAPES EVENTS**

# ALFRESCO LUNCH MENU

# CANAPE SELECTION | ANY CHOICE OF 3 CANAPES

#### **VEGETARIAN**

Cumin-roasted Carrot Hummus, Pickled Courgette on Bruschetta with Semi-dried Tomatoes

Beetroot and Thyme Tarte Tatin with Goats Cheese Mousse

Slow-Roast Tomato & Bocconcini Tartlet with Salsa Verde & Basil Mayo

Spinach and Feta Spanakopita with Tzatziki

Goat's Cheese Bon Bon and Avo Mousse Cone, topped with Roasted Black Sesame Seeds

Caramelised Baby Onion Tartlet, with Parmesan & Thyme Dressing

#### **BEEF**

Seared Beef, Mushroom Custard on a Brioche Croute with Semi-Dried Tomato

Shaved Beef Fillet on Thyme and Garlic Bruschetta with Truffle Mayo and Red Onion Marmalade

Cured Beef Fillet Roll-Ups, with Miso Cream Cheese, Sesame & Cashew Nut Crust

#### **CHICKEN**

Zataar-spiced Chicken Skewer with Red Onion and Fennel Dip Crispy Kataifi, Quail Egg, White Bean & Roasted Garlic Hummus with Semi-Dried Tomato

#### FISH & SEAFOOD

Seared Tuna on a Wonton with Miso Cream, Fresh Cucumber & Pickled Ginger
Prawn Mousse, Avocado, Edamame and Soy Dressing on Sesame Cracker
Salmon Trout Tataki, Miso Mayo, Ponzu Gel and Fresh Radish on Crispy Wonton Pastry
Smoked Trout on a Charcoal Buttermilk Blini with a Dill Crème Fraiche
Prawn, Pineapple & Coriander Ceviche en Croute

Seared Tuna on a Cauliflower Rosti, topped with Yuzu Mayo, Ponzu Gel and Apple Crisps



#### **ALFRESCO BUFFET LUNCHEON**

#### MAIN COURSE | ANY CHOICE OF 3 PROTEINS

Beef Tagliata | Beef Fillet with Shaved Parmesan, Semi-Dried Tomato, Crispy Sage, Rocket & Toasted
Almond Flakes, served with Salsa Verde

Asian Beef | Sliced Beef Sirloin, Miso Mayo, Gochujang Dressing, Crispy Onions and Shaved Radish

Portuguese Beef | Sliced Beef Sirloin with Prego Dressing, Semi-Dried Tomato, Fresh Coriander and Roasted

Sesame Seeds

Chermoulah Chicken | With Fresh Citrus, Coriander & Toasted Almonds Lemon & Rosemary Chicken Kebabs | With Minted Harissa Yoghurt

Soy-glazed Franschhoek Trout | With Miso Dressing, Sliced Radish, Roasted Sesame Seeds, Asian Greens
Lightly Smoked Salmon Trout | With Shaved Fennel, Radish & Sesame Seeds, served with Pickled Red Onion
& Fennel Yoghurt

Sliced Seared Tuna | With Soy Dressing, Roasted Sesame, Sliced Spring Onion & Olive Oil Dressing

### ALL SERVED WITH THE BELOW SIDE DISHES

Grilled Tenderstem Broccoli, Roasted Pumpkin Seed & Feta Salad, with Gochujang Dressing
Chaat Masala Potatoes with Coriander and Tamarind
Tomato, Bocconcini & Sumac Onion Salad, with Roasted Sunflower Seeds and Fresh Basil
Raw & Roasted Courgette Salad, with Fresh Parsley and Lemon, topped with Za'ataar Roasted Sesame Seeds
Traditional South African Pumpkin Fritters
Artisan Fresh Breads with Herbed Butter

# **DESSERT | ANY CHOICE OF 4 DESSERT ITEMS**

Local Milk Tartlets with Cinnamon

Cocktail Dark Chocolate & Hazelnut Ganache Tarts

Decadent Chocolate Pecan Squares

Lemon Tartlets with Meringue Dusting

Traditional Cocktail Koeksusters

Pasteis de Nata

Homemade Vanilla Fudge

Blueberry Cheesecakes

\*Please note that we are Strictly Halaal Certified

