

<u>V</u>5

VENTURES CAPES EVENTS

BBQ LUNCH MENU

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CANAPE SELECTION | ANY CHOICE OF 3 CANAPES

VEGETARIAN

Cumin-roasted Carrot Hummus, Pickled Courgette on Bruschetta with Semi-dried Tomatoes

Beetroot and Thyme Tarte Tatin with Goats Cheese Mousse

Slow-Roast Tomato & Bocconcini Tartlet with Salsa Verde & Basil Mayo

Spinach and Feta Spanakopita with Tzatziki

Goat's Cheese Bon Bon and Avo Mousse Cone, topped with Roasted Black Sesame Seeds

Caramelised Baby Onion Tartlet, with Parmesan & Thyme Dressing

BEEF

Seared Beef, Mushroom Custard on a Brioche Croute with Semi-Dried Tomato

Shaved Beef Fillet on Thyme and Garlic Bruschetta with Truffle Mayo and Red Onion Marmalade

Cured Beef Fillet Roll-Ups, with Miso Cream Cheese, Sesame & Cashew Nut Crust

CHICKEN

Zataar-spiced Chicken Skewer with Red Onion and Fennel Dip Crispy Kataifi, Quail Egg, White Bean & Roasted Garlic Hummus with Semi-Dried Tomato

FISH & SEAFOOD

Seared Tuna on a Wonton with Miso Cream, Fresh Cucumber & Pickled Ginger
Prawn Mousse, Avocado, Edamame and Soy Dressing on Sesame Cracker
Salmon Trout Tataki, Miso Mayo, Ponzu Gel and Fresh Radish on Crispy Wonton Pastry
Smoked Trout on a Charcoal Buttermilk Blini with a Dill Crème Fraiche
Prawn, Pineapple & Coriander Ceviche en Croute

Seared Tuna on a Cauliflower Rosti, topped with Yuzu Mayo, Ponzu Gel and Apple Crisps



BBQ BUFFET LUNCHEON

ON THE BRAAI | ANY CHOICE OF 3 PROTEINS

Chargrilled Beef Fillet

Garlic & Rosemary-infused Whole Sirloin Beef

Lemon & Herb Chicken Sosaties

Traditional Grabouw Boerewors

Sticky & Smokey Chicken Wings, served with Ranch Dressing

Herb-Roasted Lamb Loin Chops

Chilli & Ginger Prawn Skewers

Lemon & Herb Grilled Line Fish

Mushroom & Haloumi Skewers

All the above served with Salsa Verde, Garlic & Lemon Butter, Chermoula Yoghurt

SIDE DISHES | ANY CHOICE OF 4 SIDES

Roasted Sweet Corn, Red Onion & Cauliflower Salad, with Baby Spinach and Pumpkin Seeds
Quinoa Salad with Broccoli, Baby Pea, Feta & Wild Rocket, with an Harissa Dressing
Grilled Baby Potato, with Crème Fraiche Salad, topped with Spring Onion and a Nutty Dukkah
Fine Green Bean, Tenderstem Broccoli and Mange Tout Salad, with Baby Spinach, Orange Segments, Red
Pepper, Sliced Radish, Goat's Cheese and Sunflower Seeds
Chaat Masala Potatoes with Coriander and Tamarind

Roast Aubergine, Courgette & Cranberry Salad

Seasonal Summer Salad

Roast Vegetable, Mixed Sprouts, Feta, Pumpkin Seeds & Baby Leaf Salad

Traditional South African Pumpkin Fritters

Herb & Parmesan Corn on the Cob | Done on the Braai

Homemade Garlic Bread

Artisan Fresh Breads with Herbed Butter

DESSERT | ANY CHOICE OF 4 DESSERT ITEMS

Local Milk Tartlets with Cinnamon

Cocktail Dark Chocolate & Hazelnut Ganache Tarts

Decadent Chocolate Pecan Squares

Lemon Tartlets with Meringue Dusting

Traditional Cocktail Koeksusters

Pasteis de Nata

Homemade Vanilla Fudge

*Please note that we are Strictly Halaal Certified

